# Practices of Divorce in Bangladesh: A Legal and Socio Economic Study

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#### Abstract

The world is departing through immense globalization. The thoughts, trends, practices diffuse much faster than past. The family is not considered as an everlasting institution anymore. Although, marriage promises happiness and fulfillment, yet it performs as a site for female subordination as it binds women to household labor, and limits their lives in the roles of wife and mother. When the problems between husband and wife reach towards a devastating situation, the divorce happens. Then after the breaking up of marriage some urgent tasks tackle everyone in the family-husband, wife, children and kinfolk. They must adjust to the new unexpected situation and try to make the future life easy. But in most of the cases women have to face comparatively serious difficulty. The core topic of this study is to discuss the way to establish an equal and equitable divorce law for man and women of every community. This paper analyzes sociopsychological approach to explain how and why divorce rates are proliferating. It also discusses the causes and consequences of divorce which will help the policy planners to revise the divorce act and to design interventions for reducing the stigmatization and discrimination towards people seeking marital termination and it will be helpful to the children of divorced family.

**Keywords:** Divorce, Divorce process, Consequences, Psychological, Tafweez.

### 1. Introduction

Although divorce is not a desirable act in any society of the world however with the recent surge in divorce rates, Bangladesh is going to feel the necessity of policy interventions regarding single parent family or divorced male and female very shortly. In order to understand the marriage dynamics in lens of divorce this paper examines the concept of divorce, review the divorce pattern and the existing divorce law. Divorce is the only legal way for terminating a Marriage other than act of God. The Word "divorce" has been derived from the Latin word *divortium* which means diverse. In an ordinarily implication it was understood as divorce is nothing neither more nor less than any other name for dissolution of marriage. The process of divorce is very simple in Bangladesh. A marriage is a contract between a male and female. Ordinarily, this contract is made for lifetime and it is dissolved by death of either husband or

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<sup>&</sup>lt;sup>1</sup> Zohara Khatoon V. Mohd. Ibrahim, (1981) 2 SCC 509 at 523: AIR 1981.

wife. This is natural dissolution over which no party has any control. But a marriage can also be

dissolved in the case of necessity.<sup>2</sup> "With Allah, the most detestable of all things permitted is

divorce" Prophet Mohammed (PBUH)<sup>3</sup>

Marriage is the very foundation of civil society and no part of the laws and institutions of a

country can be more vital importance to its subjects than those which regulate the manner and

conditions of forming and, if necessary, of dissolving, the marriage contract.<sup>4</sup> Divorce

disintegrates the family unity and therefore it is a social evil in itself, but sometimes it becomes a

necessary evil. Under the circumstances, it is better to wreck the future happiness of the parties

by binding them to a companionship that has become odious.<sup>5</sup> Islam has made the provision of

talaque or divorce so that both of them can lead a better life.<sup>6</sup>

2. Research Methodology

In preparing this paper the method of documentary analysis has been mostly used. Moreover,

historical and analytical have been used. Primary Data has been collected basically from the

Quran, Sunnah, the Marriages and Divorces (Registration) Act; 1974, the Hindu Marriage Act,

1955; the Special Marriage Act, 1872; the Hindu married women's right to separate residence

and maintenance Act, 1946; The Divorce Act, 1869; the Muslim Family Laws Ordinance, 1961;

and the Family Court Ordinance, 1985 of Bangladesh. Secondary data sources such as books,

articles, newspapers, journals, case materials, Internet sources have been used so that the

analysis is taken with a multidisciplinary approach.

3. Limitation of the Study

As the paper has amazed only the accessible documents, sample area is not wide. Only one

method has been followed in this study which can be controversial in drawing generalization.

Besides due to lack of data, it is quite challenging to establish relationship between divorces with

other socio economic variables. It is an increasing phenomenon. Future Bangladesh will have to

<sup>2</sup> Muhammed Faiz-ud-din, Islamic Law, 1st ed., (Dhaka: Shams Publication, 1998), p.107.

<sup>4</sup> Asaf A. A. Fyzee, Outlines of Muhammadan Law, 4th ed. (Oxford: Oxford University Press, 1993), p.147.

<sup>6</sup> Syed Qutub, Fizilalil Quran, Tr. A;-Quran Academy London, Bangladesh Center, Vol. 4, P.95.

make policy and decisions regarding single parent or divorced male and female. For that time data availability is huge challenge besides in a setting of Muslim majority and traditional belief divorce itself a stigmatized issue so very few literature highlight on this changing dynamic of marriage pattern in Bangladesh.

## 4. Divorce Under Different Religion System

#### 4.1. Divorce Under Muslim Law

Under the Muslim Law, a marriage is terminated either by death of the husband or wife, or by divorce.

#### 4.1.1. Extra-Judicial Divorce

Extra judicial divorce is when it is depend upon the will of husband or wife or when it is by mutual agreement. Most of the times rights to give divorce are given to husband only, wife are at very subordinate position to divorce. Extra- judicial divorce is divided into several parts. All that is necessary for divorce is that the husband should pronounce divorce in his mouth. How he does it, when he does it, or in what he does it is not very essential and it can happen even in absence of wife. It need not be made in the presence of the witnesses. Husband has the right to dissolve the matter by talaque, ila, and zihar. Under Muslim law 'talaque' means 'freedom'. The right of giving freedom by her husband from marriage to wife is called 'talaque, According to Heyadaya <sup>7</sup>it means relinquishment. The right of enforceable by the husband only.<sup>8</sup> The term divorce includes all separation originating from the husband and repudiation for the talaque in the limited sense, namely of separation effected by use of appropriate word. The talaque becomes irrevocable at the end of the period of iddat. Basically talaque is of two types- Talaqul sunnat or Approved form and Talagul Bidyat or unapproved form. Talagul sunnat is again of two types-Talaqul Ahsan or most approved form and Talaqul Hasan or approved form. 10 IIa is effected when the husband swears that he would not have intercourse with his wife for a period not less than four months. If he does not have intercourse for that period the marriage is dissolved

<sup>10</sup> Muhammed Faiz-ud-din, Islamic Law, 1st ed., (Dhaka: Shams Publication, 1998), p.110.

<sup>&</sup>lt;sup>7</sup> Md. Altaf Hossain. *Islamic Jurisprudence and Muslim Ain sohaika*. (Dhaka: City Law Book, 2003), pp.164-65.

<sup>&</sup>lt;sup>8</sup> Agil Ahmed. Text book of Mohamadan Law. 21<sup>st</sup> ed. (Allahbad: Central Law Agency, 2004), p.164.

<sup>&</sup>lt;sup>9</sup> Shaukat Mahmood, *Principles and Digest of Muslim Law*, 6<sup>th</sup> ed. (Lahore: Legal Research Centre, 2002), pp.66-67.

without legal proceedings. In Bibi Rehana v. Iqtidar-uddin<sup>11</sup> after the marriage ceremony was over, the parents of the boy pushed him into a room where his wife was waiting for him. It appears from the facts of the case that the husband was not interested in the marriage. In zihar, the usual phrase is used to the wife "you are to me like the back of my mother" Zihar by itself does not dissolve the marriage, but the wife becomes unlawful to the husband without expiation. The husband may revoke the declaration but he shall have to make a slave free or to keep fast for two consecutive months or to feed sixty needy persons. 12A husband may, either himself, repudiate his wife or delegate this power of repudiating her to a third party, or even to his wife. Such a delegation of power is called tafweez. <sup>13</sup> In Md. Khan v. Shahmali <sup>14</sup>, under a prenuptial agreement, a husband, who was a Khana Damad, undertook to pay certain amount of marriage expenses incurred by the father-in-law in the event of his leaving the house and conferred a power to pronounce divorce on his wife. In Mohd. Khan v. Mst. Shahmali<sup>15</sup> there was pre nuptial agreement according to which the defendant agreed to live in the plaintiff's parental house and if he would leave that house, he would pay certain specified sum to the plaintiff in default of which the condition would operate as divorce. It was held that the condition was not unconscionable and opposed to public policy; violation of such term would operate as divorce between the husband and wife. Khula or redemption literally means to lay down. In law it means laying down by a husband of his right and authority over his wife. In Mst. Balaquis Ikram v. Najmal Ikram. 16 It was said that under the Muslim Law the wife is entitled to Khula as of right if she satisfies the conscience of the Court that it will otherwise mean forcing her into a hateful union.<sup>17</sup> The wife is living in adultery. It will enable us in such circumstance to dissolve the marriage on the basis of her self-confessed adultery. Siddig vs Mr sharfan. <sup>18</sup> In mubarat the aversion is mutual and both the sides desire separation. Thus it involves an element of mutual consent. In this mode of divorce, the offer may be either from the side of wife or from the side of husband. In Mst

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<sup>&</sup>lt;sup>11</sup> (1943), ALL, 295.

<sup>&</sup>lt;sup>12</sup> Al-Quran, 58: 3-4; 33:4

<sup>&</sup>lt;sup>13</sup> Supra note 8, pp.182-84.

<sup>&</sup>lt;sup>14</sup> AIR (1977), Cal, 90.

<sup>&</sup>lt;sup>15</sup> AIR(1972), J.&K., 8.

<sup>&</sup>lt;sup>16</sup> 2(1959), WP, 321.

<sup>&</sup>lt;sup>17</sup> Aqil Ahmed. Mohamadan Law, 21st ed. (Allahbad: Central Law Agency, 2004), pp.184-86.

<sup>&</sup>lt;sup>18</sup> 20 DLR 117. as cited by Obaidul Huq Chowdhury, Hand Book of Muslim Family Laws, 6th ed. (Dhaka: Al-Yakub Press), p.214.

Sayeeda Khanam vs Mohd. Samir, 4 DLR 134.<sup>19</sup> When an offer mubarat is accepted, it becomes an irrevocable divorce (talaq-ul-bain) and iddat is necessary.

#### 4.1.2. Judicial Divorce

When women has no chance for divorce through extra-judicial Muslim law, then she can ask for divorce through court under Muslim Family Laws Ordinance, 1961 The reformation of Muslim family law in 1961 has entitled women to divorce her husband. A woman married under Muslim law shall be entitled to obtain a decree for divorce for the dissolution of her marriage on any one or more of the following grounds:

Whereabouts of the husband have not been known for a period of four years. Husband has neglected or has failed to provide for her maintenance for a period of two years. Husband has been sentenced to imprisonment for a period of seven years or upwards. Husband was impotent at the time of the marriage and continues to be so. Husband has been insane for a period of two years or is suffering from virulent venereal disease. Husband treats her with cruelty i.e. habitually assaults her or makes her life miserable, leads an infamous life, or attempts to force her to lead an immoral life. There is no such criteria necessary for a man to divorce his wife. <sup>20</sup>

Where a husband charges his wife of adultery and the charge is false, the wife is entitled to sue for and obtain divorce. She must file a regular suit for dissolution of her marriage as a mere application to the Court is not the proper procedure. In *Zafar Husain v. Ummat-ur-Rahman*<sup>21</sup>, the Allahabad High Court recognized the doctrine of *lian*. In this case, the wife of the plaintiff alleged that her husband had stated before several persons that she had illicit intercourse with her brother and imputed fornication to her. It was argued that the law of *lian* had no place in Anglo Mohammedan Law and must be considered obsolete. This argument was rejected. It was held that *Qazi* of the Muslim Law was replaced by the Court. It was held that a Muslim wife is entitled to bring a suit for divorce against her husband and obtain a decree on the ground that the latter falsely charged her with adultery.<sup>22</sup> Mere charge levied by the husband will not

<sup>&</sup>lt;sup>19</sup> Supra note 18, p.214.

<sup>20</sup> Sawkia Afroz. The Rise of Divorce in Bangladesh: A Review in the Change of Marriage Dynamics. Social Sciences.Vol. 8, No. 5, 2019, pp. 261-269.

<sup>&</sup>lt;sup>21</sup> AIR (1999), All, 182.

<sup>&</sup>lt;sup>22</sup> Aqil Ahmed. Mohamadan Law, 21st ed. (Allahbad: Central Law Agency, 2004), pp.187-88.

automatically dissolve the marriage. The wife has to apply to the Court for the dissolution of her

marriage. In Jauri Beebee v. Sheikh Moonshee Beparee<sup>23</sup>, it was said that the charge of adultery

of the wife made by the husband could not be the ground of divorce by the wife.

It has been argued that in India the doctrine of lian has become obsolete. But this is not true.

In Nurjahan Bibi v. Mohd. Kazim Ali<sup>24</sup>, it was said by Bhattacharya, J. that the doctrine of lian or

jaan has not become obsolete. A Muslim wife can bring a suit for divorce against her husband on

the ground that her husband has charged her with adultery falsely. According to Muslim Law the

wife is entitled to a divorce if the husband makes false charge of adultery against the wife. <sup>25</sup>

4.1.3. Valid and Reasonable Conditions of Divorce

The following conditions were held to be valid and reasonable, and where there was an

agreement that the wife would have the power to divorce herself if they were not fulfilled, it was

held to be binding on the parties:-<sup>26</sup>

The husband should live a respectable life and should earn and his livelihood. He should

maintain his wife and should live in a house approved by her. The husband should not beat or ill-

treat his wife and if he oppresses her wrongfully she will be entitled to reside at her father's

house and realize a maintenance charge from him. The husband should allow his wife to be taken

to her father house 4 times a year or that if the wife be in need of going to and coming back from

her father's residence he would send her there and bring her back at his own expense. The

husband would not contract a second marriage without the consent of his wife unless she is either

barren or perpetually ill. The husband should pay her dower on demand and that the husband

would not take any remission of dower from the wife except in the presence of her relations.

<sup>23</sup> 3 (1865), WR, 93.

<sup>24</sup> AIR(1977), Cal, 90.

<sup>25</sup> Supra note 22, p.188.

<sup>26</sup> Shaukat Mahmood, *Principles and Digest of Muslim Law*, 6<sup>th</sup> ed. (Lahore: Legal Research Centre, 2002), pp.68-

69.

#### 4.2. Divorce under Hindu Law

Before the commencement of the Hindu Marriage Act, 1955 the system of divorce was unknown for Hindus. A Hindu marriage was an indissoluble tie between the husband and the wife.<sup>27</sup> He cannot be said to have changed his religion.<sup>28</sup>

Whenever the question of divorce or dissolution of a Hindu marriage arises, it becomes a very thorny question. *Dayabhaga* law is followed by most of the Hindu communities in Bangladesh. According to this law, Hindus are not allowed to divorce their spouse as they consider marriage as a sacred relationship, a divine covenant and sacrament. In Bangladesh, technically there is still no law that grants a Hindu person a right to affect a divorce against their partner. But, a Hindu married woman may seek entitlement to separate residence and maintenance pursuant to the grounds laid down in the 1946 Act. On the other hand, in India, according to Hindu Marriage Act, 1955, both the husband as well as the wife has the right to file case and seek termination of the marriage. The words "incurably of unsound mind" depict the state of mind of a person who is incapable of managing himself/herself and hence discarded to situations where he/she will not be called upon to manage himself/herself or his/her affairs but will live an artificial life until his/her death. Even if custom allows re-marriage, a Hindu widow by such marriage forfeits her right to her deceased husband's property. The jurisdiction of the Criminal court to entertain suits under Section 488 of the CrPC. was ousted in the case of *Pochon Rissi Das v Khuku Rani Das*.

Notwithstanding any custom or law to the contrary a Hindu married woman shall be entitled to separate residence and maintenance from her husband on one or more of the following grounds, namely,- If he is suffering from any loathsome disease not contracted from her. If he is guilty of such cruelty towards her as renders it unsafe or undesirable for her to live with him. If he is guilty of desertion, that is to say, of abandoning her without her consent or against her wish. If he marries again. If he ceases to be a Hindu by conversion to another religion. If he keeps a

Journal Homepage: http://ebaub.edu.bd/journal/ejl/lawjournal.html

<sup>&</sup>lt;sup>27</sup> B.M. Gandhi – Hindu Law, 3rd edn.( Eastern Book Company, Lucknow, 2008), p.297,

<sup>&</sup>lt;sup>28</sup> B.S. Mohankumar V. B.K. Nirmala (2005) 1 HLR 117

<sup>&</sup>lt;sup>29</sup> https://www.thedailystar.net/law-our-rights/hindu-womens-divorce-rights-3558, Last visited 25 April, 2020.

<sup>&</sup>lt;sup>30</sup> https://www.banglanews24.com/open-forum/article/34317/Overview-of-Divorce-Law-in-Bangladesh, Last visited 25 April, 2020

<sup>&</sup>lt;sup>31</sup> Radhamony Amma V. Gopinathan Pillai, 1990 (1) CCC Kerala 425.

<sup>32</sup> Sowdamini Ray Malakar v. Narendra Ch. Barmau (1952) 4 DLR 492.

<sup>&</sup>lt;sup>33</sup> 1998 to DLR 47.

concubine in the house or habitually resides with a concubine. For any other justifiable cause: Provided that a Hindu married woman shall not be entitled to separate residence and maintenance from her husband if she is unchaste or ceases to be a Hindu by change to another religion or fails without sufficient cause to comply with a decree of a competent Court for the restitution of conjugal rights.<sup>34</sup>

### 4.3. Divorce under Christian Law

Among Christians also marriage is a holy order. The Divorce Act 1869 secures divorce for persons practicing the Christian religion. According to this Act, Husband may present a petition to the District Court or to the High Court Division, that his marriage may be terminated on the ground that his wife has been found guilty of adultery. If one of the parties to the marriage is a Christian it is sufficient to give jurisdiction to decide the petition under this Act. 35 A divorce mensa et toro only suspends matrimonial relation but it does not dissolve it. 36 A Christian marriage can be dissolved only by decree of the Court passed under this Act.<sup>37</sup> Where the wife had given birth to a child in the absence of husband due to illicit relationship with co-respondent and where evidence stands unrebutted the petitioner was granted decree of dissolution of marriage. <sup>38</sup> The mere fact that a woman is seen going with a male other than her husband is hardly sufficient to prove the case of adultery.<sup>39</sup> In one case of mental disorder lunatic or idiot it was held that the Court was not concerned with respondent's mental state at the time of petition or trial but was only concerned with the mental state of the respondent at the time of marriage.<sup>40</sup> Wife may present a petition to the District court or to the High Court Division, praying that her marriage may be terminated on the ground that, her husband has interchanged his believe of Christianity for the sake of some other religion, and gone through a form of marriage with another woman or has been guilty of adultery, or of rape, cruelty, or desertion with couple without reasonable excuse, for two or some more years. In case the Court is satisfied on the evidence, a decree for dissolution of marriage made by High Court Division and the divorce

<sup>&</sup>lt;sup>34</sup> The Hindu Married Women's Right to Separate Residence And Maintenance Act, 1946, s.2.

<sup>&</sup>lt;sup>35</sup> Pramila Khosla v. Rajesh Kumar Khosla, AIR 1979 Delhi 79

<sup>&</sup>lt;sup>36</sup> Arun Kumar v. Manjula, AIR 1981 Cal. 252.

<sup>&</sup>lt;sup>37</sup> George Sebastian v. Molly Joseph, AIR 1995 Ker. 16

<sup>&</sup>lt;sup>38</sup> Ronald Lawrence Pereira v. Flory Pereira, II (1994) DMC (Bom.) 618.

<sup>&</sup>lt;sup>39</sup> R. Amirda Amalraj v. Thamima, I (1995) DMC (Mad.) 191.

<sup>&</sup>lt;sup>40</sup> Lissy v. Jaison, II (2000) DMC (Ker.) 59.

becomes operational. However, the decree doesn't become absolute within the period of six

months.41

5. Causes and Consequences of Divorce in Bangladesh

5.1. Causes of Divorce

Every instance of divorce brings a unique combination of such causes. Researchers have looked

at factors affecting both wider societal divorce rates and individual divorce decisions.

Determinants of divorce in context of Bangladesh are discussed as follows

i. Women's Independence: Women's economic independence stands as one of the

most crucial factors for increase in divorce. Women's participation rate in the labor

force in Bangladesh has increased by eight times in the last four decades—from four

percent in 1974 to 35.6 percent in 2016. Beside, girl's school enrollment has

increased 30% since 2001 and literacy rate for females has risen from 43.74% to

69.90% between 2006 and 2016.42 It is true that much of Bangladeshi women's

increased freedom in their personal lives today has to do with their ever increased

decision making power and less dependence on the spouse means there's less of a

need to remain tied to an abusive marriage

ii. Impotency & Infertility: The sexual relationship is important for a happy marital

life, because it is not only individual's biological need; it is closely related with the

emotional bonding between husband and wife. 43 A 2011 study has identified

impotency, that is, husband having problem in establishing sexual relationship was

identified as one of the significant cause for divorce.

iii. Physical unfitness: Many women and men in Bangladesh have given divorce on the

ground of physical unfitness. When either husband or wife is not capable of giving

birth a baby because of issues like sperm failure or infertility, it may be considered as

<sup>41</sup> The Divorce Act, 1869, s,16.

42 https://www.thedailystar.net/news/opinion/perspective/understanding-the-rise-divorce-bangladesh-1628311, Last

visited 25 January, 2020.

<sup>43</sup> Ahmed, U.A. (1986). Marriage and its transition in Bangladesh, International journal of sociology of the family, 16 (1), 49-59.

physical unfitness. A recent study also identified that impotency and infertility as a reason for increasing rate of divorce.<sup>44</sup>

- **iv. Domestic Abuse & Dowry:** Domestic abuse and violence often lead to the deterioration of marital harmony. It is not uncommon that women are still decrease in physical abuse over decades, but, sometimes, verbal and mental abuse is such that it is worse than the physical abuse. <sup>45</sup> One of a major source of violence against women is dowry. Women, mostly in rural areas are forced and tortured to bring dowry. There has been 108 case of physical torture and 126 cases of tortured to death for dowry in 2016 in Bangladesh. 105 cases filed in 2018. <sup>46</sup>
- **v. Women's Empowerment:** The independence of women has been associated with increase in freedom of voice and to protest. Women, as before, do not just bear the physical, mental torture. They do what needs to be done. Previously, they had to tolerate, and even they have given life because of abuse. The occurrence of "tortured to death" has been declining over time and also the case of physical torture. According to BBS, violence against women, dowry and related abuse is a crucial determinant for female to give divorce in Bangladesh.
- vi. Extra-Marital Affair: Extra marital relation has become another major ground for divorce in Bangladesh. Previously, if their husband brought another wife without the permission of the previous, women were supposed to maintain silence. This is not the case in recent. Women, now raise their voice if such things happen and more likely to divorce their husband than a few decades ago. BBS showed that, it has become one of the significant causes for women to divorce. Besides, increasing case of female

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<sup>&</sup>lt;sup>44</sup> https://www.thedailystar.net/news/opinion/perspective/understanding-the-rise-divorce-bangladesh-1628311, Last visited 25 January, 2020.

<sup>&</sup>lt;sup>45</sup> Ibid.

<sup>&</sup>lt;sup>46</sup> Rahman, S. M. (2018). Dowry, the Oppression of Women and Femicide in Bangladesh, Journal of Comparative Social Work, 13 (1), 103-123.

getting involved in extra-marital affair also causing the incidence of divorce from

male.47

vii. Alcohol, Drug: Over use of alcohol, drug or gambling are usually all forms of

addiction, which can ruin relationships. The problem becomes worst when combined

with physical or verbal abuse. Addicts generally do not have control over themselves

and they come into clash and torture the wife even in trivial matters. Unless the

addiction gets recovered, it becomes difficult to continue the marital life as marital

discord, leading to abuse and torture tend to increase. A study 2011 study showed

that, alcohol and drug use is becoming a significant reason for divorce and the

prevalence of this, is increasing every year.

viii. Influence of Social Media: Besides, excessive integration in social media like

Facebook, Whatsapp, Viber, Instagram etc cause a distance and communication gap

between couple.<sup>48</sup> The higher the integration, the higher the probability of lack of

understanding among couple, lack of quality time between couple. This results in

husbands or wives being suspicious of their partners, which eventually destroy the

bonding. Besides, coming in contact with new people through social media increases

the probability of husband or wife getting involved in extra-marital affair. The recent

findings of BBS supports this as a significant factor as for divorce.<sup>49</sup>

ix. Husband's Economic incapacity: Economic solvency contributes to strengthening

the reciprocal relationship between husbands and wives. When a couple has enough

to spend on their daily and associated luxury needs, the marital relationships are

likely to maintain a harmony. Financial crisis, in contrast, creates discontents because

of unfulfilling the gratifications in conjugal life which also accelerates the process of

separation and divorce between husbands and wives

<sup>47</sup> https://www.thedailystar.net/news/opinion/perspective/understanding-the-rise-divorce-bangladesh-1628311, Last visited 25 January, 2020.

<sup>48</sup> Ibid.

<sup>49</sup> Supra note 42.

x. Age at Marriage: The incidents of divorce were highest in the 25-29 age groups. On the major causes of their divorce. Besides, now a day, there have been increases in adult boys and girls getting married without the consent of family when they are in a relationship for many years. In most cases, they do so as soon as they reach the legal age of marriage. This kind of inexperienced personal decision might also contribute in rise in divorce in Bangladesh.

# **4.2.** Consequences of Divorce

Divorce has some universal consequences. But, in countries like Bangladesh, consequences are devastating. Especially for women, who suffers more from divorce: men or women? The answer to this question is sorrowful. Whoever among a couple want a divorce, the consequences are always devastating for women only! The Bangladesh Planning Commission acknowledges that women are more vulnerable to becoming poor when they lose the male earning member of the family because of divorce. However, most devastating Consequences of divorce for both male and female are the followings:

### 5.2.1. Social and Psychological consequences

a) Stigma: Due to divorce, women are very prone to live under the disguise of social stigma than men in the society.<sup>51</sup> A recent study showed that, in Bangladesh, people allege women for divorce and consider them as 'bad woman'. They have to tolerate teasing of neighbors. People make a change in attitude and their looks when treating divorced women. In our society, it is seen as a question of womanhood that a woman didn't become able to continue her marital life. To avoid the situations they usually have to remain inside the home. In sum, divorced women become public ridicule and face social exclusion.<sup>52</sup>

<sup>&</sup>lt;sup>50</sup> https://www.thedailystar.net/frontpage/marriages-get-shaky-1443259, Last visited 16 April, 2020.

<sup>51</sup> Ihid.

<sup>&</sup>lt;sup>52</sup> Rahman, M. M., Giedraitis, V. R., & Akhtar, T. M., (2013). The social sanction of divorce: Who ultimately pay the social costs of its adverse effects?, Sociology and Anthropology, 1 (1),26-33.

b) Family Dissatisfaction: With the passage of time, relationship with family members

and parents start to deteriorate.<sup>53</sup> Divorced women might be regarded as a burden to a

family after some time. Besides, it is not uncommon in our society that family gets

socially damaged because of the divorced women. Family has to face difficulty in order

to give marriage to other members when there is a divorced member in that

family.

c) Psychological Impact and Lack in Ability: Psychological impacts are dire for both

male and female, but female shares the higher burden because of Bangladeshi society.

Divorce, whether formal or informal, may contain the probability of stressful events in

personal life. Divorced people tend to experience increased depressive feelings over time

and pass the days with great psychological stress. They become more susceptible to

mentally illness. It becomes very difficult for them to concentrate on their daily doings

and confront a reduced ability in themselves which in turn affect their mental health.<sup>54</sup>

**5.2.2.** Economic consequences

a) Economic Harm and Decline in Standard of Living: Divorced or separated women struggle

to cope financially. According to in Bangladesh "Divorce" has been identified as a key cause of

poverty among female-headed households are divorced. 95% of all female-headed divorced

households fell below the poverty line. Besides, in most cases women do not get the full payment

that was promised in married certificate. A study in Dhaka showed that, 40% divorcees were

completely paid while 35% not paid at all and 25% not concerned of it. 55 However, as more

women are employed with better wages, this income decline is less painful than before, even

though it is still prevailing as women are more likely to face poverty and they are the one,

<sup>53</sup> Supra note 52.

<sup>54</sup> *Ibid*.

<sup>55</sup> Rahman, S. M. (2018). Dowry, the Oppression of Women and Femicide in Bangladesh, Journal of Comparative Social Work, 13 (1), 103-123.

primarily responsible for childbearing, their standard of living drastically falls. They come face

to face with challenges to ensure minimum needs in order to live for both mother and child.<sup>56</sup>

b) Housing Problem: Housing is often the first casualty for divorced or separated women. Since

after marriage, wife moves to her husband's house, after divorce, they have to leave the house.

After divorce, women generally have to reside in their parent's home or with their siblings. In

absence of mother, they have to lead a miserable life in father's house. A study in Sylhet showed

that, 20% of the respondents were living under impossible situations.<sup>57</sup>

**5.2.3.** Health Consequences

a) Food insecurity: The difficulty in securing maintenance often results in poverty, which

contributes to food insecurity, poor health and is a barrier to accessing health care. Food security

is in jeopardy for many divorced and separated women in Bangladesh. Overall, 38 percent of

female headed households were classified by the WFP as "food insecure "compared to 23

percent of couples.

b) Health care seeking behavior: Besides, A 2000 study showed that, in 79% of cases, divorced

women cannot be able to seek the required health care. Many women reported about shortage of

money to purchase health care.

6. Impact on Children

If couple has children at the time of their divorce, it could have serious consequences for a child.

Divorce generally puts children at greater risk for many kinds of problems.

6.1. Loneliness

Persistent feelings of loneliness are common in children of divorce. In later life, the adult

children of divorce, rate their current relationships with both mother and father less positively

than do children from intact marriages. They rate their current relationships with both mother

<sup>56</sup> Ahmed, U.A. (1986). Marriage and its transition in Bangladesh, International journal of sociology of the family,

<sup>57</sup> https://www.thedailystar.net/frontpage/marriages-get-shaky-1443259, Last visited on 12 February, 2020.

and father less positively than do children from intact marriages. During the time of divorce a

child's emotional security also becomes more fragile issue. Fears that both parents will abandon

the child are common.

**6.2. Psychological Consequences** 

Depending on the age of the child, in various ways a child might express his/her damaged

Psychological state:

6.2.1. Large amounts of anger

Directed both toward others and themselves, frequent breaking of rules, sleep problems, defying

parents or teachers, frequent guilt, increasing isolation or withdrawal from friends and family,

drug and/or alcohol abuse, early sexual activity, thoughts of suicide or violence.

6.2.2. Many children of divorce believe that they caused

The divorce or that they did something wrong that made one or both parents not want to be with

them. These feelings can cause a child to feel sad, depressed, and angry. These negative

emotions can contribute to other problems, such as poor health, difficulty in school, poor

academic performance and problems with friends.<sup>58</sup>

6.2.3. In addition

Some scholars believe that children of divorce are less likely to learn crucial social skills in the

home, such as cooperation, negotiation, and compromise that are necessary for success in life.

Children exposed to high levels of conflict between their parents, both before and after a divorce,

may learn to model the poor communication of their parents. This can increase the likelihood of

conflict in their own personal relationships as children and even as adults.<sup>59</sup>

6.3. Food and Health Insecurity

Several divorced or separated women told Human Rights Watch that, they struggled to feed

themselves and their children after divorce or separation. Children of divorced parents are also at

<sup>58</sup> Beam, R. C., Dinescu, D., Emery, R., & Turkheimer, E. (2017). A twin study on perceived stress, depressive symptoms, and marriage. Journal of health and social behavior, 58 (1), 37-53 *lbid* 

risk of ill health. A study, for instance, found that infant mortality was more than double for

infants with divorced mothers than married mothers in the location studied. Another study found

that 65 percent of sick children in "male headed households" had access to health care compared

with only 44 percent of sick children in female-headed households. <sup>60</sup>

6.4. Children's Education and Child Labor

Studies show that school drop-outs are a major problem for children in female-headed

households. The 2009 Millennium Development Goals progress report for Bangladesh stated that

about 88% of female-headed households as a result of divorce reported that their children had

dropped out of school. Several divorced or separated women told Human Rights Watch that they

sent their daughters to work as domestic workers when they were forced out of their marital

homes, usually by cutting short their boy's and girls' education. In cases of girls, most of the

girls leave education and start to work at garment factory or n paid household works. 61

7. Recommendations

There is no universal marriage act; instead, here exists discriminatory religious law, where in

extreme case, no permission for divorce. Besides, the society doesn't regard divorce normally.

Divorcees are often prone to be stigmatized. So, there should be

i. Work toward comprehensive reform of Bangladesh's laws on divorce with special focus for

women.

ii. Raise nationwide awareness about the existing attitude and stigma on divorce.

iii.In order to divorce, after the official application, a period of three months is provided for

further consideration. As divorce in our society includes a lot of social, psychological and

economic consequences, any intervention needed like counseling should be provided to think

thoroughly whether the divorce is actually necessary. If the decision of divorce stem from

trivial matters, it should be addressed and solved.

iv. Ensure access to divorce is on an equal basis for men and women.

v. Sensitize the idea of Re-Marriage after divorce.

<sup>60</sup> Rahman, M. M., Giedraitis, V. R., & Akhtar, T. M., (2013). The social sanction of divorce: Who ultimately pay the social costs of its adverse effects?, Sociology and Anthropology, 1 (1), 26-33.

61 https://www.thedailystar.net/news/opinion/perspective/understanding-the-rise-divorce-bangladesh-1628311,

Accessed on 16 February, 2020.

vi. Effective and special attention is necessary to the children of divorced family to make them be

able to be resilient and strong and to help them to return to their normal life.

vii. Ensure the compensation payment to women after divorce without time lag and necessary

steps should be taken to guarantee the social security of women.

There should be some private, governmental and individual initiatives to mitigate the

stigmatized attitude toward divorced. No one expect a divorce to happen. But when it comes

to situation where it is required, then environmental and the legal facilities should be in place

to minimize the consequence at the least level as possible. So for ensuring better public

interest some major changes are recommended without shacking of feelings and faith of

people.

8. Conclusion

In recent decades, the earth has experienced downfall in marriage rates, increase in divorce rates,

and change in the defining attributes of marriage dynamics. The western countries have gone to

that phase where divorce is ordinary matter. But in a restricted society like Bangladesh, divorce

is still treated as a disqualified. Going through a divorce is a tough and mentally draining event

to experience. But it is actually better than staying in a bad marriage. Staying in a bad marriage

in our country might provide security but, getting a divorce give one's a hope: a hope to be who

you want to be, the hope of another start the hope of shaping the life in one's desired way.

Unfortunately divorce is not as easy as it should be in Bangladesh. With modernization,

globalization, urbanization and constant change in the family structure divorce is rising in

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Bangladesh, no doubt about that. But the risk it is arising due to its long term effect on putting on

the broken family child. In the West as it a part of the culture now there are policy intervention to

deal with this issue, but this is not the scenario of Bangladesh, so the government should take the

alarming situation seriously and save our future from getting into oblivion. Bangladesh is

different in many demographic and health related ways. However as the country uplifting her

towards development and modernization it is high time to ponder over the change in marriage

dynamics.